



INTRANASAL SPRAY

POSSIBLE COMMUNITY OPIOID OVERDOSE ADMINISTRATION OF NALOXONE – HERE'S WHAT TO DO

YOU ARE WITNESS TO A POSSIBLE OVERDOSE

The person may have used drugs or medication and is showing the following signs:



No reaction to noise or pain



Slow, difficult, snoring-like or absent breathing



Constricted pupils

THE PERSON SEEMS UNCONSCIOUS



POSITION ON THE BACK
allowing resuscitation maneuvers

OR



POSITION ON THE SIDE if there is vomiting, convulsions or irregular breathing

No reaction

1 TRY TO GET THEM TO RESPOND WITH VERBAL AND PHYSICAL STIMULI



YELL their name
SPEAK TO THEM
loudly

RUB the center of their chest (sternum) vigorously



No reaction

2 CALL OR HAVE SOMEONE CALL EMERGENCY SERVICES



911



Administer naloxone even if you are unsure.
It has no effect if it is not an opioid overdose.

No reaction

3 ADMINISTER A DOSE OF NALOXONE



A Position the person on their back. Tilt their head back while supporting their neck



B Remove spray from packaging: Do not test it as it contains a single dose! **HOLD IT** this way



C Insert the tip into one nostril. Press firmly with your thumb



No reaction

4 PERFORM RESUSCITATION MANEUVERS*



GIVE 2 CHEST COMPRESSIONS
per second to a depth of 5 cm

* If you are trained in CPR, perform ventilation in addition to administering naloxone and performing chest compressions.



No reaction 3 minutes after the dose

5 PERFORM ANOTHER DOSE OF NALOXONE



REPEAT STEPS 4 AND 5
as long as the person doesn't react



Out of naloxone ?
Continue resuscitation maneuvers until emergency services arrive

IF THE PERSON WAKES UP...

PLACE THEM ON THEIR SIDE: explain what has just happened and talk to them about the importance of being seen by a healthcare professional.

After an overdose, the risk of another overdose is high because naloxone only works for a short period of time.

TELL THEM THEY SHOULD NOT USE OPIOIDS FOR THE NEXT FEW HOURS to avoid another overdose.

STAY WITH THEM while waiting for emergency services.

The **GOOD SAMARITAN DRUG OVERDOSE ACT** protects both overdose witnesses and victims.

CAUTION
Safely dispose of equipment



- Ensure naloxone kits are stored properly before use. For more details, consult the INESSS checklist.
- Leave the spray in its box until ready to use.



Québec

