



INTRANASAL SPRAY

POSSIBLE COMMUNITY OPIOID OVERDOSE ADMINISTRATION OF NALOXONE – HERE'S WHAT TO DO

YOU ARE WITNESS TO A POSSIBLE OVERDOSE

The person may have used drugs or medication and is showing the following signs:



No reaction
to noise
or pain



Slow, difficult,
snoring-like or
absent breathing



Constricted
pupils

THE PERSON SEEMS UNCONSCIOUS



POSITION ON THE BACK
allowing resuscitation
maneuvers

OR



POSITION ON THE SIDE if there is
vomiting, convulsions or irregular
breathing

No reaction

1 TRY TO GET THEM TO RESPOND WITH VERBAL AND PHYSICAL STIMULI



YELL their name
SPEAK TO THEM
loudly

RUB the center of their chest
(sternum) vigorously



No reaction

2 CALL OR HAVE SOMEONE CALL EMERGENCY SERVICES



911



**Administer naloxone
even if you are unsure.**

It has no effect if it is not
an opioid overdose.

No reaction

3 ADMINISTER A DOSE OF NALOXONE



A Position the person on their
back. Tilt their head back
while supporting
their neck



B Remove spray from
packaging:
Do not test it
as it contains
a single dose!
HOLD IT
this way



C Insert the tip into
one nostril.
Press firmly
with your
thumb



No reaction

4 PERFORM RESUSCITATION MANEUVERS*



GIVE 2 CHEST COMPRESSIONS
per second to a depth of 5 cm

* If you are trained in CPR, perform ventilation
in addition to administering naloxone and
performing chest compressions.



No reaction 3 minutes after the dose

5 ADMINISTER ANOTHER DOSE OF NALOXONE



REPEAT STEPS 4 AND 5
as long as the person
doesn't react



Out of naloxone ?
Continue resuscitation
maneuvers until emergency
services arrive

IF THE PERSON WAKES UP...

PLACE THEM ON THEIR SIDE: explain what has just happened and talk to them about the importance of being seen by a healthcare professional. After an overdose, the risk of another overdose is high because naloxone only works for a short period of time.

TELL THEM THEY SHOULD NOT USE OPIOIDS FOR THE NEXT FEW HOURS to avoid another overdose.

STAY WITH THEM while waiting for emergency services.

The **GOOD SAMARITAN DRUG OVERDOSE ACT** protects both overdose witnesses and victims.



- Ensure naloxone kits are stored properly before use. For more details, consult the INESSS checklist.
- Leave the spray in its box until ready to use.



CAUTION
Safely dispose
of equipment

Québec