



PREFILLED SYRINGE injectable

POSSIBLE COMMUNITY OPIOID OVERDOSE ADMINISTRATION OF NALOXONE – HERE'S WHAT TO DO

YOU ARE WITNESS TO A POSSIBLE OVERDOSE

The person may have used drugs or medication and is showing the following signs:



No reaction
to noise
or pain



Slow, difficult,
snoring-like or
absent breathing



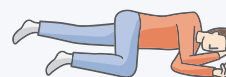
Constricted
pupils

THE PERSON SEEMS UNCONSCIOUS



POSITION ON THE BACK
allowing resuscitation
maneuvers

OR



POSITION ON THE SIDE if there is
vomiting, convulsions or irregular
breathing

No reaction

**1 TRY TO GET THEM
TO RESPOND WITH VERBAL
AND PHYSICAL STIMULI**



YELL their name
SPEAK to them
loudly

RUB the center of their chest
(sternum) vigorously



No reaction

**2 CALL OR HAVE SOMEONE
CALL EMERGENCY
SERVICES**



911



**Administer naloxone
even if you are unsure.**

It has no effect if it is not
an opioid overdose.

No reaction

**3 INJECT
A DOSE
OF NALOXONE**



A Unwrap
syringe and
remove cap



B Inject naloxone into thigh, shoulder
or upper buttock muscle (at a 90° angle)



Naloxone can be injected through light clothing

C Press the plunger
all the way down
until you hear
a "click"

No reaction

**4 PERFORM
RESUSCITATION
MANEUVERS***



GIVE 2 CHEST COMPRESSIONS
per second to a depth of 5 cm

* If you are trained in CPR, perform ventilation
in addition to administering naloxone and
performing chest compressions.



No reaction 3 minutes after the dose

**5 INJECT
ANOTHER DOSE
OF NALOXONE**



REPEAT STEPS 4 AND 5
as long as the person
doesn't react



Out of naloxone ?
Continue resuscitation
maneuvers until emergency
services arrive

IF THE PERSON WAKES UP...

PLACE THEM ON THEIR SIDE: explain what has just happened and talk to them about the importance of being seen by a healthcare professional. After an overdose, the risk of another overdose is high because naloxone only works for a short period of time.

TELL THEM THEY SHOULD NOT USE OPIOIDS FOR THE NEXT FEW HOURS to avoid another overdose.

STAY WITH THEM while waiting for emergency services.

The **GOOD SAMARITAN DRUG OVERDOSE ACT** protects both overdose witnesses and victims.



• Ensure naloxone kits are stored properly before use.
For more details, consult the INESSS checklist.



CAUTION
Safely dispose
of equipment

Québec